DiaSHOE: Raising awareness about the Diabetic Foot Syndrome

The Erasmus+ DiaSHOE project launched in 2020 is now coming to an end. Among other results, the partners have produced three different sets of Digital Education Package respectively targeting Diabetic Foot Control designers, footwear technicians and product managers, health technicians and shoe shop employees and finally patients, their families, informal caregivers as well as school teachers and educators.

All along the project, one of the key objectives of Erasmus+ DiaSHOE was to raise awareness and educate about the Diabetic Foot Syndrome and the complications associated with inappropriate care and control of the diabetic foot. As a result, each of the partners from Portugal, Spain, Czech Republic, Germany, Romania and Poland established different events around diabetes and the well-being of patients suffering from it. All the events gave special attention to the importance of taking care of foot health as well as using appropriate footwear when you are suffering from diabetes. They also gave the consortium the opportunity to exchange on the subject and get direct feedbacks from several experts such has footwear and health technicians, but also diabetic patients.

Those multiple occasions allowed the partners to explain more in detail the project outcomes and in particular present the 3 educational packages for the 3 different target groups. It is somehow scary that the number of people suffering from diabetes in Europe is constantly increasing and complications associated with diabetes in the lower limb such as Diabetic Foot Syndrome are frequent. Therefore, it is important that diabetic patients, their families, but also footwear designers and footwear technicians, shoe shops and health assistants are well informed and know how to better address this problem.

The last event will be a webinar with a view to reach a larger audience across Europe, organised by the European Footwear Confederation (CEC). It will take place on **the 30th of March from 16:00 to 17:30 CET** via the platform Microsoft Teams. This event will give rise to a discussion between several experts on the subject and deliver more explanation and results on the project. You can attend the online conference by registering on https://forms.gle/ZJVuzGbjeBZn8Tyh6 by the 29th of March.

By organising those events and creating such an exchange between the different target groups, the partners of the Erasmus+ DiaSHOE project hope to improve the quality of life of patients with diabetes.

To find more information about the final steps of the project we invite you to keep following the project website www.diashoeproject.eu as well as the social media (Facebook and LinkedIn).



The DiaSHOE project is co-financed by the Erasmus+ programme of the European Union.



